



EAGLE CREEK

RECOVERY CENTER

Resident & Family Handbook



“RESTORING LIFE, DIGNITY AND DESTINY.”



EAGLE CREEK
RECOVERY CENTER

MAILING ADDRESS

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Karnack, TX 75661
Admissions 318.220.7002

OFFICE ADDRESS

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Shreveport, LA 71134
Administrative 318.210.0421

Welcome to Eagle Creek Recovery Center

Eagle Creek Recovery Center has been helping men just like you, become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive for over twenty years! We have seen countless men restored to their families and have celebrated as they have discovered the purpose and destiny for their life. Our three month residential program has enabled them to discover the life issues that have fueled their lifestyle of drug, gambling, and alcohol addiction, as well as other life controlling dependencies.

Our foundational philosophy is that only God can provide a total cure for the whole person. This principle is fully integrated into every aspect of our program. We believe you have made a great decision to be here and that the best is yet to come for you!



Quinton Light
Director

Eagle Creek Recovery Center was founded in 1995 by Founders Mike and Stephanie Back. Today it continues to thrive under the direction of Pastor Quinton Light. Quinton served for seven years in the US Army and has many years of experience dealing with drug addiction. His main desire is to see families unified and the men set free and made whole again.

Eagle Creek Policies, Guidelines, and Expectations

(Guidelines, policies, and expectations are in place to create an atmosphere for you to obtain the greatest level of success in your recovery and are subject to change at the discretion of the director without notice at any time.)

Appearance and Dress Code

Residents are expected to be neat in appearance at all times. They must be clean shaven and are not permitted to have beards, mustaches, or goatees. Hairstyles and colors that bring unusual attention are not allowed. **Residents are not permitted to wear earrings.** Residents must shower every day and are expected to practice good hygiene. Residents are required to wear slacks with a button-up dress shirt on Sunday mornings. Nice jeans, a collared shirt, and closed-toed shoes must be worn Monday through Friday between 6 a.m. and 3 p.m., as well as any time guests are on ECRC property. Hats of any kind are not to be worn during this time, off the property, or when guests are on ECRC property. Clothing must be pressed and free from damage and or stains.

Conduct

Residents are expected to treat others with respect at all times. This includes but is not limited to, staff members, interns, other residents, and volunteers. Anyone in a position of leadership and authority is to be spoken to and treated with respect. Ladies should be addressed as Ma'am and men should be addressed as Sir. **We do not allow coarse joking, inappropriate discussions about past drug use or destructive living, or conversation that is divisive or negative in nature.** Residents are expected to care for all items belonging to Eagle Creek. Destruction of property will not be tolerated.

Classroom Expectations

All meetings are considered class time and will be treated as such. This includes The Gate, church services, and Tuesday night support group and mentorship meetings. **Each resident is to be prepared with their bible,**

a pen, and a notebook. Residents must be punctual to each class. Once the class has begun, there will be no breaks permitted unless attending staff member approves an exception. **When residents are entering or leaving a facility, they must remain together as a group.** Wandering and roaming is not permitted. Residents will enter and exit through the same location and will utilize only the designated restrooms. Residents are required to have permission by attending staff member for any exceptions.

Communication

All forms of communication are supervised and are considered a privilege and can be denied at any time at the discretion of attending staff. Residents are allowed twenty minutes of time on Saturday to place phone calls. Residents are not permitted to have cell phones. Residents may send and receive approved letters. All incoming mail will be screened by appropriate staff. All outgoing mail should be placed on the table located in the front entryway. Residents are responsible for all postage costs.

Extra Items

Residents are not allowed to directly accept any items while in the program. Any additional supplies needed must be given to attending staff member and must either be on the approved items list or expressly permitted. We will not accept items being dropped off that have not been scheduled or pre-approved. Food items must be in quantity large enough to set in common area, with the exception of, mints and hard candy. **Families may drop off approved items to Susan Smith at the Eagle Creek Business Office located at: 520 Olive St. Shreveport, LA 71104, Monday through Thursday between the hours of 10 am and 3 pm. Items brought to church services or to the center will not be accepted.** Residents are responsible to take all personal belongings with them when they exit the program. Any items left will be considered as a donation. **Residents within the first 90 days of the program are not permitted to have extra reading materials due to the rigorous curriculum for learning that is already in place.**

Visitation Guidelines

All visits are considered a privilege and are at the discretion of the attending staff member. Residents in the program may have approved, immediate family come to the Center on Saturdays from noon-5pm. immediate family includes: Parents, spouse, grandparents, siblings, and children. **Fiancées and girlfriends are NOT considered immediate family.** Visitors are not allowed into the dormitory areas. Residents are required to turn in a list of expected visitors for staff approval at least one week in advance. Visitors not on approved list will not be allowed to stay. Staff reserves the right to restrict visitation privileges at any time without notice. All visitors must adhere to all policies regarding dress, appearance, and smoking and tobacco use.

Residents will receive write ups when serious infractions occur or when other forms of approved discipline are ineffective. Residents will be dismissed from the program after receiving their third write up. Write ups may be expunged at the discretion of the Director based on attitude, signs of improvement, and or completion of special assignments and will also be documented in Residents file. **Reasons for automatic dismissal include but are not limited to: possession or use of drugs, alcohol, or any cellular device, fighting, destruction of property, or leaving property or affiliated meetings.**

Prohibited Areas

Residents are not permitted in the following areas of Eagle Creek's facilities without expressed permission:

- Administrative offices
- The kitchen
- Transitional Living Center
- Mailbox

Prohibited Items

Residents are not permitted to have the following items while in our program:

- Any electronic devices, including but not limited to, cd/dvd players, cell phones, iPod's, radios, computers, cameras, and/or musical instruments
- Personal items (pictures, calendars, etc...) cannot be displayed on walls or furniture
- Drugs, drug paraphernalia, alcohol, tobacco, and nicotine gum of any kind.
- Playing Cards
- Weapons of any kind
- Food, drinks, or snacks are not permitted to be stored in the Resident Hall.
- Cash, debit, and/or credit cards. Residents may be issued a Wal-Mart gift card (for hygiene products) and must be kept in the office.

Possession/Use of Drugs, Alcohol & Tobacco

Residents may be given drug and or alcohol tests at any time without prior approval or notice. Residents who test positive will face disciplinary action and possible dismissal from the program without a refund of tuition paid. Residents, their rooms, and their personal belongings may be searched at any time without prior approval or notice.

Church

Families are welcomed and encouraged to attend services at Shreveport Community Church at 10:30 am on Sundays. However, residents are not permitted to sit with them or in the two rows immediately in front or behind them. **All other events, meetings, and functions are not open for families to attend unless specifically expressed prior to the event. Family members who attend unauthorized meetings will be asked to leave and resident may receive disciplinary action.**

Scheduled Appointments

Outside appointments are strictly limited to necessary medical and court appearances only. All other appointments must be rescheduled. Missed training days may be added to the end of current phase. **No items may be brought back to ECRC.**

Therapeutic Leave

Once a resident reaches phase three, they may qualify for therapeutic leave. Resident must apply and be approved. This is not guaranteed and can be denied for any reason. Residents approved for Therapeutic leave must be **picked up** by approved persons on **Friday morning after the Gate (7:30 am)** and must **be returned by** approved persons **Monday morning before the Gate (6:30 am)** in time to attend.

Medication

We will not accept or distribute medication without a prescription. All forms of medication must be non-narcotic. Any resident bringing in prescription or over the counter medication must have a standing order by a doctor. All approved medication is stored in the office and distributed by appropriate staff at medication call. Medication Call Hours: 5:45am – 12:00pm – 9:00pm.

For the Family

Marriage and family counseling is available once resident has completed thirty days.

ECRC staff may be utilized for personal advice and wisdom concerning their current challenges and circumstances. This option is available upon request and will be scheduled in a timely manner.

Resident Acknowledgement and Agreement

I have read and understand the policies and procedures expressed in this handbook.

I understand that violation of these policies and procedures is grounds for disciplinary action including and up to dismissal from the program.

I understand that the staff at Eagle Creek retains the right to make changes at any time to the policies and procedures and I am responsible to conduct myself accordingly.

While in the program I agree to the following:

____ I will participate in daily devotions, Bible reading, and prayer.

____ I will attend church services and other meetings when scheduled.

____ I will participate in lecture classes, group study courses, group and individual counseling, and other program components that are based on Christian principles.

Resident Signature: _____

Date: _____